

第1課 就職してすぐに、九州に引越しをせざるを得ない状況になっちゃって。

Lesson1 I had no choice but to move to Kyushu soon after I found the job.

1.える	得る	vt.	to get/to gain/to understand
2.どうそうかい	同窓会	n.	class reunion
3.どうきゅうせい	同級生	n.	classmate/schoolmate in the same grade
4.しよくぎょう	職業	n.	occupation
5.しゅうしよくさき	就職先	n.	place of employment
6.しゅうしよくりつ	就職率	n.	the rate of employment
7.しゅうしよくなん	就職難	n.	difficulty in finding employment
8.みりよく	魅力	n.	attraction/charm/appeal
9.かんたん	簡単	な-adj./n.	easy/simple/ease
10.ジャーナリスト		n.	journalist
11.メディア		n.	media
12.とくしゅう	特集	n./vt.	special edition/ feature (story, article, TV program, etc.)/to feature
13.みだし	見出し	n.	headline
14.そうとう	相当	n./vi.	worth/equivalent to/quite
15.デビュー		n./vi.	debut/to debut
16.じょゆう	女優	n.	actress
17.はいゆう	俳優	n.	actor
18.しゅつえんしゃ	出演者	n.	the cast/performer
19.ちょめいじん	著名人	n.	celebrity
20.しゅざい	取材	n./vi.	news coverage/ to collect data or materials for broadcast or publication/ to interview
21.きしゃ	記者	n.	journalist/reporter
22.ぎょうかい	業界	n.	the industry/the trade
23.ぎょうせき	業績	n.	achievements or results in business or academic research
24.みにつける	身につける	vt.	to wear/to put on/to acquire

25.じょうきょう	状況	n.	situation/circumstances/ the state of affairs
26.くらす	暮らす	vi./vt.	to live/to make one's living
27.ひんしつ	品質	n.	quality
28.うけいれる	受け入れる	vt.	to accept/to receive
29.くじょう	苦情	n.	complaint/grievance
30.クレーム		n.	complaint/grievance
31.ぜんりょく	全力	n.	all one's strength/ all one's energy
32.こうざ	講座	n.	lecture/course
33.こうし	講師	n.	teacher/lecturer/speaker
34.たのもし	頼もしい	い-adj.	reliable/promising
35.たよる	頼る	vi./vt.	to rely/to depend
36.きあい	気合	n.	spirit/guts/ energy and concentration
37.かいこう	開港	n./vi.	opening of a port or an airport/ to open a port or an airport
38.へいこう	閉港	n./vi.	closing of a port or an airport/ to close a port or an airport
39.ほんばん	本番	n.	performance/ real stage (not rehearsal or practice)
40.さんざん	散々	な-adj./adv.	terrible/awful/terribly/ severely/mercilessly
41.いかす	生かす	vt.	to bring to life/ to make use of
42.うちゅう	宇宙	n.	the universe/space/ the cosmos
43.うちゅうせん	宇宙船	n.	spacecraft/spaceship
44.おおざっぱ	大雑把	な-adj.	rough/crude/sketchy
45.あじさい		n.	hydrangea
46.とうとう		adv.	finally/at last
47.しょくりょう	食料	n.	food
48.ぼこう	母校	n.	one's alma mater
49.けんしょう	健勝	n.	good health

50.じせつ	時節	n.	the season/ the time of the year
51.きじつ	期日	n.	due date/ fixed date/expiration date
52.しょうがい	生涯	n.	life/lifetime
53.けっこう	欠航	n./vi.	cancellation of a flight or a sailing
54.しゅっけっせき	出欠席	n.	attendance or (and) absence
55.かんじ	幹事	n.	organizer of a social gathering
56.じょうじゅん	上旬	n.	the beginning (the first ten days) of a month
57.げじゅん	下旬	n.	the end (the last ten days) of a month
58.せっきょくてき	積極的	な-adj.	proactive/positive/ aggressive
59.しょうきょくてき	消極的	な-adj.	unmotivated/passive/ negative
60.きゅうゆう	旧友	n.	old friend
61.くみかわす	酌み交わす	vt.	to drink together
62.きゅうこう	旧交	n.	old friendship
63.たんにな	担任	n./vt.	class teacher/ to be in charge of a class
64.よそく	予測	n./vt.	prediction/estimate/ to predict/to estimate/ to forecast
65.いし	意思	n.	will/volition/ determination/ one's own mind
66.うっかり		adv.	carelessly/ without thinking/ incautiously
67.やぶる	破る	vt.	to break/to tear/to rip/ to violate
68.はかる	測る	vt.	to measure/to estimate
69.りえき	利益	n.	profit
70.アクセサリー		n.	accessory

第2課 あそこは事前登録してからでないと利用できないよ。

Lesson2 If you don't register in advance, you can't use it.

1.しょうこ	証拠	n.	evidence
2.つかむ	掴む	vt.	to catch/to seize/to grip
3.ようぎしゃ	容疑者	n.	suspect/ person under suspicion
4.たいほ	逮捕	n./vt.	arrest/to arrest
5.ちゅうりん	駐輪	n./vi.	parking a bicycle/ to park a bicycle
6.ちゅうりんじょう	駐輪場	n.	parking lot (for bicycles)
7.じゅんちょう	順調	な-adj.	favorable/satisfactory/ smooth
8.いはん	違反	n./vi.	violation/to violate/ to offend (against the rules)
9.はりがみ	貼(り)紙	n.	poster/sticker/notice
10.シール		n.	sticker
11.きょか	許可	n./vt.	permission/to permit/ to allow
12.すすめる	薦める	vt.	to recommend
13.かぎる	限る	vi.	to be limited
14.はんがく	半額	n.	half price
15.がくわり	学割	n.	student discount
16.がくれき	学歴	n.	educational background/ academic background
17.せつやく	節約	n./vt.	saving/to save (time, money)
18.ゆうこう	有効	n./な-adj.	valid/effective
19.むこう	無効	n./な-adj.	invalid/ineffective
20.じょうひん	上品	な-adj.	elegant/refined/ sophisticated
21.げひん	下品	な-adj.	vulgar
22.まし		な-adj.	better (although it's not the best)
23.そうぞうしい	騒々しい	い-adj.	noisy
24.ひとしい	等しい	い-adj.	equal
25.ばっきん	罰金	n.	fine/penalty
26.ふくそう	服装	n.	clothes/the style of dress
27.パフォーマンス		n.	performance

28.ピーマン		n.	green pepper
29.せきにな	責任	n.	responsibility
30.がいこうかん	外交官	n.	diplomat
31.まさに		adv.	exactly/just
32.あらた	新た	な-adj.	new/renewed
33.ごうか	豪華	な-adj.	luxurious/gorgeous
34.げんじゅう	嚴重	な-adj.	severe/strict
35.こうりつ	効率	n.	efficiency
36.けいやく	契約	n.	contract/agreement
37.かかわる	関わる	vi.	to be affected/ to be concerned with/ to be involved
38.ふざい	不在	n.	absence
39.ようけん	用件	n.	business/matters of business
40.しじょう	市場	n.	market
41.しんしゅつ	進出	n./vi.	advance/to advance/ to go (into)
42.もともと		adv.	originally/from the start
43.やね	屋根	n.	roof
44.ぴかぴか		な-adj./adv.	sparkling/glittering/shiny
45.とりあえず		adv.	for the time being/first of all
46.バイク		n.	motorcycle
47.りょうしょう	了承	n./vt.	agreement/permission/ to approve/to accept
48.ちょうかりょうきん	超過料金	n.	excess charge
49.たんい	単位	n.	unit/academic credit
50.ていき	定期	n.	fixed period/term/ season ticket
51.のぞく	除く	vt.	to eliminate/to exclude
52.のみ		adv.	only
53.にゅうじょう	入場	n./vi.	admission/entrance/ to be admitted/to enter
54.くべつ	区別	n./vt.	distinction/to distinguish
55.ほうち	放置	n./vt.	neglect/to neglect/ to leave something as it is
56.ぼうし	防止	n./vt.	prevention/to prevent

57.おう	負う	vt.	to bear/ to take responsibility for
58.はそん	破損	n./vi./vt.	damage/to be damaged/ to damage
59.キャンペーン		n.	campaign/promotion
60.まどぐち	窓口	n.	help desk/ point of contact/ service counter
61.あわただしい	慌しい	い-adj.	busy/hurried/hectic
62.きよう	器用	な-adj.	skilled/handy/ good with hands
63.ごういん	強引	な-adj.	overbearing/pushy/forcible
64.ようき	陽気	な-adj.	cheerful/merry
65.めいかく	明確	な-adj.	clear/precise
66.くぎる	区切る	vt.	to split up/to separate/ to divide/ to mark off (by a comma)
67.あてはまる	当てはまる	vi.	to be applicable
68.てがかり	手がかり	n.	clue

第3課 勝手な手順でバックアップしたら、大事な情報が流出しかねないからね。
Lesson3 If you backup the data against protocol, important information could get leaked.

1.ていでん	停電	n./vi.	power outage/blackout
2.だんすい	断水	n./vi.	water outage/ to cut off the water supply
3.ぶしょ	部署	n.	one's post/department/ section
4.バックアップ		n./vt.	backup/to backup
5.てじゅん	手順	n.	procedure
6.したがう	従う	vi.	to follow/to obey/to abide (by a rule, decision, etc.)
7.りゅうしゅつ	流出	n./vi.	outflow/to leak out
8.じょうほうかんり	情報管理	n.	information management
9.ほうしん	方針	n.	policy
10.しゅうりょう	終了	n./vt./vi.	end/close/to finish/to end
11.ほえる	吠える	vi.	to bark/to roar
12.りこん	離婚	n./vi.	divorce/to get divorced
13.けつい	決意	n./vt.	determination/to decide/ to determinate
14.かえって		adv.	on the contrary/rather
15.おせん	汚染	n./vt.	pollution/contamination/ to pollute/to contaminate
16.かいよう	海洋	n.	ocean
17.たいきおせん	大気汚染	n.	air pollution
18.かいようおせん	海洋汚染	n.	marine pollution
19.ちゅうかい	仲介	n./vt.	mediation/to mediate
20.じどう	自動	n.	automatic
21.ちょうせつ	調節	n./vt.	adjustment/regulation/ to adjust/to regulate
22.けいやく	契約	n./vt.	contract/agreement/ to contract/ to make an agreement
23.きゅうぎょう	休業	n./vi.	closing a business / to close a business
24.かいかい	開会	n./vi.	opening of a meeting/ to convene
25.ひとこと	一言	n.	a word
26.しじ	指示	n./vt.	instructions/to instruct/ to direct

27.ひなん	避難	n./vi.	evacuation/refuge/ to take refuge/ to get out of the danger
28.ゆたか	豊か	な-adj.	abundant/rich
29.ほうふ	豊富	n./な-adj.	wealth/plenty/rich/ abundant/plentiful
30.いっそう	一層	adv.	more/even more
31.そうご	相互	n.	mutual
32.いじめる	苛める	vt.	to torment/to tease/to bully
33.よけい	余計	な-adj./adv.	extra/unnecessary
34.さいのう	才能	n.	talent
35.さいよう	採用	n./vt.	adoption/employment/ to adopt/to accept/ to employ/to use
36.ていりょう	定量	n.	fixed quantity
37.じか	時下	n.	nowadays (literary expression often used in letters)
38.てんけん	点検	n./vt.	inspection/to inspect/ to examine/to check
39.せいみつきかい	精密機械	n.	precision machine
40.しゅっしや	出社	n./vi.	going to work/to go to work
41.たいしや	退社	n./vi.	leaving work/to leave work
42.あらかじめ	予め	adv.	beforehand/in advance
43.ぜんご	前後	n./vi.	in front and behind/ before and after/ approximately/about
44.せいしょう	清祥	n.	your good health and happiness (literary expression used in letters)
45.ふめい	不明	n./な-adj.	obscurity/ambiguity/ obscure/unknown/ unidentified/ignorant/ lack of insight
46.かき	下記	n.	the following (used to list something below)
47.きそく	規則	n.	rules/regulations
48.にゅうきよしゃ	入居者	n.	resident/tenant
49.ほる	掘る	vt.	to dig
50.しつ	質	n.	quality

51.しより	処理	n./vt.	processing/dealing/ to deal with
52.ぎっしり		adv.	tight/full/tightly/fully
53.たんに	単に	adv.	merely/simply
54.せまる	迫る	vi./vt.	to approach/ to be imminent/to urge
55.うけたまわる	承る	vt.	to hear/to know/ to receive (a command)/ to take (an order)
56.みにくい	醜い	いゝadj.	ugly
57.さわがしい	騒がしい	いゝadj.	noisy
58.すいへい	水平	n.	horizontality/horizontally
59.きゅうそく	急速	n./な-adj.	rapid
60.たんき	短気	n./な-adj.	short temper/impatience/ short-tempered/impatient
61.かくべつ	格別	n./な-adj.	particular/special/ exceptional/particularly
62.てんぽ	店舗	n.	shop/store
63.かいせつ	開設	n./vt.	establishment/opening/ to open/to set up/ to establish/to install
64.とうさん	倒産	n./vi.	bankruptcy/to be bankrupt
65.せいど	制度	n.	system/institution
66.けいひ	経費	n.	expense/cost/expenditure
67.せつすい	節水	n./vi.	saving water/to save water
68.せつでん	節電	n./vi.	power saving/ to save electricity
69.ヨガ		n.	yoga
70.ゆったり		adv./vi.	comfortable/loose/ spacious/relaxed/to relax
71.トレーニング		n./vi.	training/to train
72.ベース		n.	base
73.ベテラン		n.	veteran
74.ロッカー		n.	locker
75.サークル		n.	circle/club

第4課 『社員旅行を契機として、他部署との交流を図りましょう』と書いてあります。

Lesson4 It says "Let's take this company trip as an opportunity to communicate with people from other departments."

1.ていいん	定員	n.	capacity/quota
2.しめきる	締め切る	vt.	to close
3.しめきり	締め切り	n.	deadline/closing date
4.といあわせ	問い合わせ	n.	inquiry
5.ねんど	年度	n.	fiscal year/ academic year/business year
6.てんかい	展開	n./vi./vt.	development/unfolding/ to develop/to unfold/ to spread out
7.けいき	契機	n.	chance/opportunity
8.きっかけ	きっかけ	n.	chance/opportunity
9.かるいざわ	軽井沢	n.	Karuizawa (a city in Nagano Prefecture)
10.しんちょう	慎重	な-adj./n.	careful/cautious/prudent
11.ぎむ	義務	n.	obligation/duty
12.ぎむきょういく	義務教育	n.	compulsory education
13.はいりょ	配慮	n./vt.	consideration/care/ concern/to consider/to care
14.かたる	語る	vt.	to talk/to tell/to narrate
15.こうこうぎょう	鉱工業	n.	mining and manufacturing industry
16.げんそく	原則	n.	principle
17.めんじょ	免除	n./vt.	exemption/to exempt
18.しんさい	震災	n.	earthquake disaster
19.えんじょ	援助	n./vt.	aid/help/to aid/to help
20.きゅうじょ	救助	n./vt.	rescue/to rescue
21.せいぎ	正義	n.	justice
22.つみ	罪	n.	crime/guilt/sin
23.おうさま	王様	n.	king
24.へいし	兵士	n.	soldier
25.のうみん	農民	n.	farmer/peasant
26.うばう	奪う	vt.	to rob/to snatch/ to take something away from someone
27.どくりつ	独立	n./vi.	independence/ to be independent

28.くりかえす	繰り返す	vt.	to repeat
29.かいりょう	改良	n./vt.	improvement/to improve
30.マネジメント		n.	management
31.はかまいり	墓参り	n./vi.	visiting one's grave/ to visit one's grave
32.ちゅうや	昼夜	n.	day and night
33.しんや	深夜	n.	very late at night
34.うむ	有無	n.	existence or non-existence/ presence or absence/ yes or no
35.せいべつ	性別	n.	sex/gender
36.こくせき	国籍	n.	nationality/citizenship
37.げんしかく	原子核	n.	atomic nucleus
38.たいさく	対策	n.	measure/countermeasure
39.きょうか	強化	n./vt.	reinforcement/ to reinforce/to strengthen
40.サンプル		n.	sample
41.しだい	次第	n. /suffix	order/ the state of things/reason/ depending on/as soon as
42.じっし	実施	n./vt.	implementation/ enforcement/to implement/ to put something into effect
43.けいじばん	掲示板	n.	bulletin board/notice board
44.くわしい	詳しい	い-adj.	detailed/ knowing something well
45.しゅくはく	宿泊	n./vi.	lodging/to stay/to lodge
46.デート		n./vi.	date (romantic outing)/ to go on a date
47.へいぼん	平凡	な-adj.	mediocre/ordinary/common
48.トップ		n.	top/lead/head
49.カーブ		n./vi.	curve/bend/to curve
50.しょくば	職場	n.	workplace/office
51.とけこむ	溶け込む	vi.	to blend in/to blend with/ to dissolve into/ to fade into/to adapt
52.かきとり	書き取り	n.	dictation/spelling out
53.ずらりと		adv.	in a (long) row or line
54.さっさと		adv.	quickly/in a hurry

55.みだれる	乱れる	vi.	to fall into disorder/ to be entangled/ to be disheveled/ to be chaotic/to be corrupt
56.うらなう	占う	vt.	to tell somebody's fortune/ to forecast
57.おそれる	恐れる	vi.	to fear/to be afraid of
58.ゆるい		い-adj.	loose/slack/lax/slow/gentle
59.しつこい		い-adj.	insistent/pestering
60.おんだん	温暖	n./な-adj.	warmth/warm
61.じゅしょう	受賞	n./vt.	being awarded/ to win a prize/ to receive an award
62.じゅけんせい	受験生	n.	examinee/test taker
63.じぎょうかつどう	事業活動	n.	business operations/ business activities
64.うんこう	運行	n./vi.	service/to be in operation (bus, train)
65.そうげい	送迎	n./vt.	to see off and pick up someone
66.さかみち	坂道	n.	slope/hill
67.もくせい	木製	n.	made of wood
68.かみせい	紙製	n.	made of paper
69.ビタミン		n.	vitamin
70.カロリー		n.	calorie
71.ちゅうせい	忠誠	n.	loyalty
72.ちかう	誓う	vt.	to swear/to take an oath
73.けいさい	掲載	n./vt.	to publish/to print/ to carry (the news)
74.ランキング		n.	ranking

第5課 日程につきましては、のちほどメールにてご連絡申し上げます。

Lesson5 I will contact you about the schedule through email later.

1.しきゅう	至急	n./adv.	urgency/urgently/ as soon as possible
2.そうたい	早退	n./vi.	leaving (work or school) early/ to leave (work or school) early
3.かくじ	各自	n.	each person
4.しょうさい	詳細	n.	details
5.ひさいち	被災地	n.	disaster-stricken area
6.ふっこう	復興	n./vi./vt.	revival/to be revived/ to revive
7.さんこう	参考	n./vt.	reference/to refer
8.てきせつ	適切	な-adj.	adequate/proper/ appropriate/suitable
9.たいしょ	対処	n./vi.	handling/treatment/ to cope/to deal with
10.じゅよう	需要	n.	demand
11.ようぼう	要望	n./vt.	request/demand/to demand
12.きしゃかいけん	記者会見	n.	press conference
13.げんしゅ	厳守	n./vi.	strict observance/to observe something strictly
14.きげん	期限	n.	certain period of time/ time limit/deadline
15.こうちょう	校長	n.	school principal
16.ていど	程度	n./suffix	degree/extent/ level/standard/limit/about
17.ほんけん	本件	n.	this matter
18.しつりょう	室料	n.	room rate
19.こしつ	個室	n.	private room
20.しんさく	新作	n.	new work/new production
21.ししゃかい	試写会	n.	(movie) preview
22.りんじ	臨時	n.	temporary/special
23.きゅうぎょう	休業	n./vi./vt.	closing business/ taking a day or days off/ to close business
24.けんしゅう	研修	n./vt.	training/to train/to study
25.そうふ	送付	n./vt.	sending/to send

26.きゅうし	休止	n./vt.	pause/suspension/ to pause/to stop
27.とりいそぎ	取り急ぎ	adv.	in haste/quickly
28.きょうしゅく	恐縮	n./vi.	being grateful/ feeling obliged/ to feel obliged/ to be grateful/ to be sorry for troubling somebody
29.きんきゅう	緊急	n./な-adj.	emergency/urgent
30.かこう	加工	n./vt.	process/to process
31.ゆうそう	郵送	n./vt.	mailing/to mail
32.かせぐ	稼ぐ	vt.	to make money/ to earn one's living/ to gain (score/points/time)
33.ひょうめん	表面	n.	surface
34.しょうち	承知	n./vt.	consent/agreement/ acknowledgement/ understanding/to agree/ to understand
35.はんしゃ	反射	n./vt./vi.	reflection/reflex/to reflect
36.どうにゅう	導入	n./vt.	introduction/to introduce
37.こうせいのう	高性能	n.	high efficiency/ high performance
38.きじゅん	基準	n.	standard/yardstick
39.しょうめいしゃしん	証明写真	n.	ID photo
40.ていじ	提示	n./vt.	presentation/to present/ to indicate/to show
41.ほうじん	法人	n.	corporation/legal entity
42.こじん	個人	n.	individual
43.こうしょう	交渉	n./vt.	negotiation/relation/ to negotiate
44.うんざり		adv.	being sick of something/ with disgust
45.なにしろ		adv.	anyway/at any rate
46.ひとまず		adv.	for now/for the time being
47.はぶく	省く	vt.	to omit/to save/to remove
48.だとう	妥当	な-adj.	proper/appropriate/ adequate
49.せいけつ	清潔	な-adj.	clean

50.てんにん	転任	n./vi.	change of post or assignment/transfer/ to be transferred (jobs)
51.かんそう	感想	n.	one's impressions/thoughts
52.おうふく	往復	n./vt./vi.	round trip/correspondence/ to make a round trip/ to go and return
53.こうりょ	考慮	n./vt.	consideration/to consider/ to take account of
54.きふ	寄付	n./vt.	contribution/donation/ to contribute/to donate
55.こうかい	公開	n./vt.	presentation/release/ to open to the public/ to release
56.じゅうぎょういん	従業員	n.	employee
57.かいこ	解雇	n./vt.	dismissal/to fire/ to dismiss
58.プライバシー		n.	privacy
59.メリット		n.	advantage/merit
60.はりきる	張り切る	vi./vt.	to be enthusiastic/ to be in high spirits/ to strain/to stretch
61.めざす	目指す	vt.	to aim/to go toward
62.たびたび	度々	adv.	repeatedly/ again and again/frequently
63.いったん	一旦	adv.	once/for the time being/ for a while
64.きよい	清い	い-adj.	pure/clean/innocent/honest
65.ごうか	豪華	な-adj.	gorgeous/splendid/ luxurious
66.じさん	持参	n./vt.	bringing/to bring
67.むね	旨	n.	effect/aim/principle/ instruction

第6課 インターネットでレシピを調べれば、レシピの本を買わなくて済みますよ。
Lesson6 If you search for the recipe online, you don't need to buy a cook book.

1.とおすぎる	通り過ぎる	vi.	to pass/to go past/to pass by
2.とおにかかる	通りかかる	vi.	to happen to pass by
3.ひつじ	羊	n.	sheep
4.とら	虎	n.	tiger
5.ライオン		n.	lion
6.むれ	群れ	n.	flock/herd/group/crowd
7.いやくひん	医薬品	n.	pharmaceutical drugs
8.しょうにん	承認	n./vt.	approval/to approve
9.きみ/ぎみ	気味	n./suffix	sense/tendency/ to have a hint of/to tend to/ a little
10.うき	雨季	n.	rainy season
11.かんき	乾季	n.	dry season
12.きぼ	規模	n.	scale
13.きせき	奇跡	n.	miracle
14.しゅじゅつ	手術	n./vt.	surgery/to do an operation/ to have an operation
15.ちりょう	治療	n./vt.	medical treatment/ to treat/to cure
16.ごうとう	強盗	n.	robbery/robber
17.ぶっさん	物産	n.	products/commodities
18.てがける	手掛ける	vt.	to handle/to deal with
19.きしゅ	機種	n.	model/ kind (of machine or device)
20.やくめ	役目	n.	duty/role
21.ふんいき	雰囲気	n.	atmosphere
22.けいえい	経営	n./vt.	business management/ to manage (a firm)
23.めいかく	明確	な-adj./vt.	precise/definite/ clear/distinct
24.さだめる	定める	vt.	to determine/to establish/ to settle
25.かんしん	関心	n.	interest/concern
26.くみたてる	組み立てる	vt.	to assemble
27.ちょうり	調理	n./vt.	cooking/to cook
28.わせい	和製	n.	Japanese-made
29.くみあわせる	組み合わせる	vt.	to combine
30.やく	約	adv.	about

31.とりももにく	鶏もも肉	n.	chicken thigh
32.たまねぎ	玉ねぎ	n.	onion
33.マッシュルーム		n.	mushroom
34.きのこ		n.	mushroom
35.ケチャップ		n.	ketchup
36.サラダあぶら	サラダ油	n.	vegetable oil
37.こしょう	胡椒	n.	pepper
38.さじ	匙	n.	spoon
39.かく	角	n.	cube
40.うすぎり	薄切り	n.	thin slice
41.フライパン		n.	frying pan
42.いためる	炒める	vt.	to stir fry/to fry
43.あげる	揚げる	vt.	to deep fry
44.にこむ	煮込む	vt.	to stew
45.あえる	和える	vt.	to dress/to toss (salad)
46.ぐざい	具材	n.	ingredients
47.ほぐす	解す	vt.	to break (into small pieces)/ to loosen
48.てばやい	手早い	い-adj.	nimble/quick
49.ととのえる	調える	vt.	to arrange/to prepare/ to adjust
50.かきまぜる	かき混ぜる	vt.	to stir
51.ソース		n.	sauce
52.めやす	目安	n.	criterion/yard/aim
53.たんにん	担任	n./vt.	class teacher/ to be in charge of a class at school
54.こがす	焦がす	vt.	to burn
55.どろが	動画	n.	video
56.チャンネル		n.	channel (TV/video)
57.さっそく	早速	adv./n./な-adj.	immediately/promptly/ right away
58.けんさく	検索	n./vt.	search/to search
59.コロケ		n.	croquette (bread-crumbed deep fried food)
60.やきとり	焼鳥	n.	yakitori (grilled chicken on a skewer)

61.すきやき		n.	sukiyaki (thin sliced beef cooked with various vegetables in a shallow iron pot with soy sauce and sugar)
62.しゃぶしゃぶ		n.	shabu-shabu (thin sliced beef cooked with various vegetables cooked in a hot-pot in a savory sauce)
63.かいてんずし	回転寿司	n.	conveyor belt sushi (sushi served on conveyor belts in a restaurant)
64.かいてん	開店	n./vi./vt.	store opening/ to open a store
65.へいてん	閉店	n./vi./vt.	store closing/to close a store
66.セミナー		n.	seminar
67.アイディア/アイデア		n.	idea
68.レシピ		n.	recipe
69.おとなしい	大人しい	い-adj.	obedient/quiet/ tame/well-behaved
70.おさない	幼い	い-adj.	young/childish/immature
71.うすめる	薄める	vt.	to dilute/to make something thin/to thin
72.おまけに		adv.	in addition/ on top of something

第7課 そこは施設やサービスのよさがとても有名で、最高級の温泉旅館といっても過言ではないくらいです。

Lesson7 That hotel is very famous for its good facilities and service and it goes without saying that the hotel is one of the top class hot spring resorts.

1.かぶしき	株式	n.	stocks
2.とうし	投資	n./vi.	investment/to invest
3.うむ	生む	vt.	to give birth/to produce
4.さっか	作家	n.	writer/author
5.かごん	過言	n.	exaggeration/overstatement
6.てんさい	天才	n.	genius/prodigy
7.ささげる	捧げる	vt.	to devote/to give
8.ゴールデンタイム		n.	prime time
9.じかんたい	時間帯	n.	time zone
10.じょうしき	常識	n.	common sense/ general knowledge
11.ひじょうしき	非常識	n./な -adj.	lack of common sense/ unreasonable/rude
12.ショック		n./な -adj.	shock/shocking
13.かんきゃく	観客	n.	audience/spectator
14.ごかい	誤解	n./vt.	misunderstanding/ to misunderstand
15.かつやく	活躍	n./vi.	success/to flourish/ to do well
16.そうぞうりょく	創造力	n.	creativity
17.けっこう	欠航	n./vi.	flight or sailing cancellation/ to cancel a flight or a sailing
18.しょうこ	証拠	n.	evidence/proof
19.こんなん	困難	n./な -adj.	difficulty/trouble/ hardships/difficult/ challenging
20.むきあう	向き合う	vi.	to face each other/ to face (a problem, the reality, etc.)/ to face up to
21.ささえる	支える	vt.	to support/to hold up/ to bolster
22.セール		n.	bargain sale
23.キャンペーン		n.	campaign/promotion
24.てんねんおんせん	天然温泉	n.	natural hot spring
25.さいこうきゅう	最高級	n.	highest grade/top class

26.しせつ	施設	n.	facility
27.リゾート		n.	resort
28.シャトルバス		n.	shuttle bus
29.テニスコート		n.	tennis court
30.プール		n.	swimming pool
31.めいしょう	名勝	n.	scenic beauty/scenic spot
32.そう	宋	n.	Song Dynasty (China)
33.しょもつ	書物	n.	book
34.ひろびろ	広々	adv.	spacious
35.せいじゃく	静寂	n./な-adj.	silence/silent/quiet
36.おくぶかい	奥深い	い-adj.	deep/profound/abstruse
37.ふるびる	古びる	vi.	to become old/ to have an antique (ancient) look
38.おもむき	趣	n.	meaning/influence/ appearance/taste
39.けいかん	景観	n.	scenery
40.かねそなえる	兼ね備える	vt.	to have both/to combine
41.たき	滝	n.	waterfall
42.かが	加賀	n.	Kaga (an old province name for the area that is today the southern part of Ishikawa Prefecture)
43.はんしゅ	藩主	n.	feudal lord
44.こうだい	広大	n./な-adj.	immensity/vast/ immense/infinite
45.しきち	敷地	n.	site
46.ふんすい	噴水	n.	fountain
47.げんぞん	現存	n./vi.	existence/to exist/to live
48.ひょうじょう	表情	n.	facial expression
49.しりょう	史料	n.	historical records
50.てんじ	展示	n./vt.	exhibition/display/ to exhibit/to display
51.ろせんばす	路線バス	n.	transit bus
52.たしょう	多少	adv./n.	somewhat/to some extent/ a little/some/ the quantity/the amount
53.せっかく		adv.	with considerable effort/ kindly/long-awaited/ precious
54.こごえる	凍える	vi.	to freeze/to be numb

55.そまつ	粗末	な-adj.	crude/rough/humble
56.けってん	欠点	n.	fault/weak point
57.コンテスト		n.	contest
58.どくせん	独占	n./vt.	monopoly/to monopolize
59.こんざつ	混雑	n./vi.	congestion/to congest/ to be crowded
60.てる	照る	vi.	to shine
61.てれる	照れる	vi.	to be shy/to be bashful/ to be embarrassed

第8課 台風が来たら、ツアーは中止されるに決まっていますよ。

Lesson8 If a typhoon comes, the tour will definitely be canceled.

1.キャスター		n.	newscaster
2.ねったい	熱帯	n.	tropics / tropical zone
3.きあつ	気圧	n.	atmospheric pressure
4.グアム		n.	Guam
5.じょうりく	上陸	n./vi.	landing/to land/ to go ashore/ (typhoon)to strike
6.ベルトじょう	ベルト状	n.	belt shape
7.おお	覆う	vt.	to cover
8.せいりよく	勢力	n.	power/influence
9.せっきん	接近	n./vi.	approach/to approach/ to get close
10.きょうふう	強風	n.	strong wind
11.たかなみ	高波	n.	high wave/storm surge
12.たいへいよう	太平洋	n.	the Pacific Ocean
13.ちかづく	近付く	vi.	to approach/ to come or go close/ to get acquainted with
14.こうはんい	広範囲	n.	wide range
15.つよまる	強まる	vi.	to strengthen
16.よわまる	弱まる	vi.	to weaken
17.ゴールデンウィーク		n.	Golden Week/ GW (a week consisting of 3 Japanese national holidays at the end of April and the beginning of May, in which most people have about a week off from work or school.)
18.シルバーウィーク		n.	Silver Week (a week consisting of 3 Japanese national holidays in September, in which most people have about a week off from work or school. Only occurs in specified years.)

19.きせい	帰省	n./vi.	homecoming/to return home
20.ラッシュ		n.	rush hour
21.ゆれ	揺れ	n.	shake/wavering/quake
22.まさる	勝る	vi.	to excel/to be superior
23.ときょうそう	徒競走	n.	foot race
24.じっせき	実績	n.	achievements/results/ one's record of performance
25.ていきょう	提供	n./vt.	offer/to offer/to supply with
26.りょういき	領域	n.	territory/field/domain
27.ぎょうかい	業界	n.	the business world/industry
28.しゅうふく	修復	n./vt.	restoration/to restore/ to repair
29.ちょさくけん	著作権	n.	copyright
30.しんがい	侵害	n./vt.	infringement/violation/ to infringe
31.センス		n.	taste/sense/talent
32.じょうき	上記	n.	above-mentioned
33.そうい	相違	n./vi.	difference/discrepancy/ to differ
34.エンジン		n.	engine
35.じじつ	事実	n.	fact/truth
36.こうきょう	公共	n.	public/common
37.インフラ		n.	infrastructure
38.じゅうたく	住宅	n.	housing/residence
39.はんえい	繁栄	n./vi.	prosperity/to prosper
40.さんぎいん	参議院	n.	House of Councilors
41.しゅうぎいん	衆議院	n.	House of Representatives
42.ぎいん	議員	n.	member of the Diet (legislative system of Japan)
43.せんきょ	選挙	n.	election
44.にんき	任期	n.	term of office/ term of service
45.まんりょう	満了	n./vi.	expiration/to expire
46.ほっと		adv./vi.	with relief/to feel relieved
47.かいてい	開映	n./vt.	screening/a film begins
48.しゅうい	周囲	n.	surroundings
49.きせい	規制	n./vt.	regulation/control/ to regulate/to control

50.にんてい	認定	n./vt.	certification/approval/ authorization/ to certify/to accredit
51.りゅうつう	流通	n./vi.	circulation/distribution/ to circulate/to distribute
52.いちがんれふかめら	一眼レフカメラ	n.	SLR camera
53.あつかう	扱う	vt.	to handle/to deal with/ to treat
54.ゆだん	油断	n./vi.	negligence/carelessness/ to be careless
55.かいご	介護	n./vi.	nursing/caregiving/ to look after/ to nurse
56.とうさい	搭載	n./vt.	equipped/built-in/to load/ to install
57.ふくよう	服用	n./vt.	taking medicine/ to take medicine
58.せってい	設定	n./vt.	setting/establishment/ to set up/to establish/ to configure
59.さいきどう	再起動	n./vt./vi.	reboot/to reboot
60.さる	去る	vi./vt.	to leave/to go away
61.ひめい	悲鳴	n./vi.	scream/to scream
62.にせもの	偽物	n.	counterfeit/imitation
63.ぎぞうひん	偽造品	n.	counterfeit goods
64.でまわる	出回る	vi.	to appear on the market
65.かんき	喚起	n./vt.	awakening/to awaken/ to arouse
66.はっかく	発覚	n./vi.	revelation/disclosure/ to be revealed/ to be found out
67.うながす	促す	vt.	to prompt/to encourage/ to urge
68.オークション		n.	auction
69.タイヤ		n.	tire
70.こてい	固定	n./vt./vi.	fixation/ to fix (salary/capital)
71.てんとう	転倒	n./vi.	falling down/to fall down/ to tumble
72.だいさんじ	大惨事	n.	catastrophe
73.とめぐ	留め具	n.	clasp/fastener/catch
74.じたい	事態	n.	situation/state of affairs

75.しょうひしゃ	消費者	n.	consumer
76.しゅっぴんしゃ	出品者	n.	exhibitor/seller
77.アカウント		n.	account
78.さくじょ	削除	n./vt.	deletion/to delete
79.けいさい	掲載	n./vt.	publication/insertion/ to publish/to insert
80.クッション		n.	cushion/buffer
81.こんぜつ	根絶	n./vt.	eradication/extermination/ to eradicate
82.みずから	自ら	n./adv.	oneself/ for one's self/voluntarily
83.そざい	素材	n.	raw material/material

第9課 昨日も試験のことを気にするあまり、寝られなくなっちゃったんだ。

Lesson9 I worried about the exam so much that I couldn't fall asleep yesterday.

1. きんちょう	緊張	n./vi.	tension/to be tense/ to be nervous
2. すいみん	睡眠	n.	sleep
3. うらぎる	裏切る	vt.	to betray
4. アドバイス		n.	advice
5. ぬく	抜く	vt.	to extract/to pull out
6. あやうく		adv.	barely/nearly
7. そうさく	搜索	n./vt.	investigate/to search
8. しゅっけつたりょう	出血多量	n.	excessive bleeding
9. ぐずぐず		adv./vi.	lazily/slowly/to lag/ to dawdle/grumbling
10. こうへい	公平	n./ な-adj.	fairness/justice/fair
11. はかい	破壊	n./vt.	destruction/to destroy
12. てんねんしげん	天然資源	n.	natural resources
13. こうい	行為	n.	act/behavior
14. ぎょうれつ	行列	n.	line/queue
15. ゆうのう	有能	な-adj.	competent/able/capable
16. けつろん	結論	n./vi./vt.	conclusion/to conclude
17. じょうだん	冗談	n.	joke
18. こうい	好意	n.	good will/favor/courtesy
19. ぶしょう	武将	n.	warlord/military commander
20. しょうぐん	将軍	n.	shogun (hereditary dictator in feudal Japan)/ military general
21. しょうがい	生涯	n.	lifetime
22. せんごくじだい	戦国時代	n.	Sengoku Period (a time of military conflict in Japan)
23. てつがく	哲学	n.	philosophy
24. しょうしか	少子化	n.	declining birthrate
25. こうれいか	高齢化	n.	aging/population aging
26. だいにじせきたいせん	第二次世界大戦	n.	World War II
27. けいぞく	継続	n./vt.	continuation/to continue
28. やくわり	役割	n.	role/part
29. ぶんたん	分担	n./vt.	share/to share/ to take part of

30.こよう	雇用	n./vt.	employment/to employ/ to hire
31.ぜんてい	前提	n.	premise
32.すいじゅん	水準	n.	level/standard
33.せいげん limit	制限	n./vt.	limitation/restriction/to
34.しゅうぎょう	就業	n./vi.	employment/to start work/ to be at work
35.じょうたいか	常態化	n./vi.	to become common/ to become the norm
36.いせい	異性	n.	the opposite sex
37.せってん	接点	n.	contact/point of agreement/ point of tangency
38.ばんこんか	晩婚化	n.	trend toward late marriage
39.みこんか	未婚化	n.	trend toward remaining unmarried
40.ろうどうじんこう	労働人口	n.	working population
41.かつりよく	活力	n.	vitality
42.ふたん	負担	n./vt.	burden/ to be burdened with/ to bear
43.しゃかいほしょう	社会保障	n.	social insurance/ social security
44.そこねる	損ねる	vt.	to harm/to ruin/ to fail to do something/ to nearly do something
45.いくじ	育児	n.	childcare
46.じかに	直に	adv.	directly
47.いっせい	一斉	n.	all at once/all together
48.なやむ	悩む	vi.	to be worried/to be troubled
49.のぞむ	望む	vt.	to desire/to hope/to wish
50.そまつ	粗末	な-adj.	rough/shabby/coarse
51.ぼうだい	膨大	な-adj.	enormous/vast
52.けんとう	検討	n./vt.	consideration/ examination/to consider/ to examine
53.ちゅうせん	抽選	n./vi.	raffle/to draw lots
54.ようするに	要するに	adv.	in short
55.くむ	組む	vi./vt.	to cross/to join/

56.さます	冷ます	vt.	to assemble/to collaborate to cool
57.でいり	出入り	n./vi.	in and out/ coming and going/ to come in and come out/ to go in and to go out/ to come and go
58.いいつける	言いつける	vt.	to tell someone to do/ to tell on
59.スタート		n./vi./vt.	start/to start
60.ノック		n./vt.	knock/ to knock (on the door)
61.とりこわす	取り壊す	vt.	to demolish
62.ねらう	狙う	vt.	to aim at
63.ていこう	抵抗	n./vi.	resistance/opposition/ to resist/to oppose
64.なおかつ		adv.	besides/furthermore
65.みっともない		い-adj.	disreputable/ shameful/shabby
66.うらやましい	羨ましい	い-adj.	jealous/envious
67.はなはだしい	甚だしい	い-adj.	extreme/intense/serious
68.そっちょく	率直	な-adj.	frank/honest
69.きみょう	奇妙	な-adj.	strange/odd/bizarre
70.うわき	浮気	n./vi./ な-adj.	inconstancy/to cheat on/ to have an affair/unfaithful

第10課 ペットを避難所に連れていったら、自治体の指示やルールに基づいて行動し、
周りの人にも配慮しましょう。

Lesson10 If you take your pet to the shelter, please act according to the instructions
and rules of the local government and be considerate of the people
around you.

1.ひなんじょ	避難所	n.	shelter/place of refuge
2.みおとす	見落とす	vt.	to overlook/to fail to notice
3.おきざり	置き去り	n.	desertion/leaving behind
4.かこ	過去	n.	the past
5.そなえる	備える	vt.	to furnish/to equip/ to prepare for
6.かいぬし	飼い主	n.	owner of a pet
7.ルート		n.	route
8.あわてる	慌てる	vi.	to panic/ to be in a rush
9.しつけ	躾	n.	discipline/training/ upbringing
10.きほん	基本	n.	foundation/basis/standard
11.アレルギー		n.	allergy
12.じちたい	自治体	n.	municipality/ local government
13.ならす	慣らす	vt.	to accustom/to train
14.どうこう	同行	n./vi.	accompanying/ to accompany
15.あんぜん	安全	n.	safety
16.かくほ	確保	n./vt.	guarantee/to ensure/ to secure/ to get without a fail
17.けいげん	軽減	n./vt.	reduction/to reduce/ to lessen
18.ほこらしい	誇らしい	い-adj.	proud
19.とくい	得意	n./な-adj.	pride/triumph/ one's specialty/proud
20.しょうじょう	賞状	n.	honorable certificate
21.かいご	介護	n./vt.	caregiving/to look after/ to care for
22.バージョン		n.	version
23.くろう	苦勞	n./vi.	hardships/trouble/ to have hardships
24.ゴール		n.	goal (used in sports)

25.ぜいりつ	税率	n.	tax rate
26.かす	課す	vt.	to impose/to assign
27.しゅゆうけん	所有権	n.	ownership
28.あらそう	争う	vi./vt.	to compete/to dispute/ to fight
29.ぎろん	議論	n./vi./vt.	argument/discussion/ to argue/to discuss
30.たいりつ	対立	n./vi.	confrontation/opposition/ to confront/to be opposed
31.かいぜん	改善	n./vt.	improvement/to improve
32.ぞうぜい	増税	n./vi.	tax increase/to increase tax
33.げんぜい	減税	n./vi.	tax decrease/to decrease tax
34.ちゅうし	注視	n./vt.	gaze/to gaze
35.よういん	要因	n.	factor/cause
36.ちゅうだん	中断	n./vt.	interruption/to interrupt
37.はたす	果たす	vt.	to accomplish/to achieve/ to perform
38.はきはき		adv.	clearly/briskly
39.ばからしい	馬鹿らしい	い-adj.	absurd/silly
40.しんし	紳士	n.	gentleman
41.しゃない	社内	n.	inside the company
42.しゃがい	社外	n.	outside the company
43.のうさんぶつ	農産物	n.	agricultural products
44.げんじょう	現状	n.	current status/ the state of affairs
45.ろうどうせいさんせい	労働生産性	n.	labor productivity
46.わくせい	惑星	n.	planet
47.こうせい	恒星	n.	fixed star
48.プロデューサー		n.	producer
49.はんろ	販路	n.	market/outlet
50.かくだい	拡大	n./vt.	expansion/magnification/ to expand/ to magnify/to enlarge
51.ぼうふう	防風	n.	windproof
52.ぼうすい	防水	n.	waterproof
53.せいのう	性能	n.	ability/performance
54.かつせいか	活性化	n./vt./vi.	activation/to revitalize/ to grow active/ to liven up
55.せつび	設備	n./vt.	utilities/facilities/to equip
56.とうし	投資	n./vi.	investment/to invest

57.そくしん	促進	n./vt.	promotion/ encouragement/to promote/ to encourage
58.あたたまる	温まる	vi.	to heat up/to get warm
59.いじゅう	移住	n./vi.	immigration/emigration/ to immigrate/ to emigrate
60.しょくにくもく	食肉目	n.	carnivore
61.せいそく	生息	n./vi.	inhabiting/to inhabit
62.しげる	茂る	vi.	to grow thick
63.まえあし	前足	n.	fore leg
64.うしろあし	後ろ足	n.	hind leg
65.たんどく	単独	n./な-adj.	solo/single/alone
66.とうみん	冬眠	n./vi.	hibernation/to hibernate
67.かんれい	寒冷	n./な-adj.	cold
68.ちくりん	竹林	n.	bamboo forest
69.こっこうかいふく	国交回復	n.	diplomatic relations restoration
70.しいく	飼育	n./vt.	breeding/raising/ to breed/to raise
71.ぜつめつ	絶滅	n./vi.	extinction/to be extinct
72.ひんする	瀕する	vi.	to be on the verge of/ to be on the brink of
73.はんしょく	繁殖	n./vi.	breeding/to breed
74.してき	指摘	n./vt.	to point out
75.ほご	保護	n./vt.	protection/conservation/ to protect/to conserve
76.ほかく	捕獲	n./vt.	capture/to capture/to catch
77.どうせ		adv.	at any rate/in any case/ at best
78.するどい	鋭い	い-adj.	sharp/keen/stabbing
79.ひょうこう	標高	n.	altitude/elevation
80.ひまつぶし	暇つぶし	n.	waste of time/killing time